



# NEVADA

## ELITE FC

### *Girls' Soccer Club*

#### **2010 Girls' Summer Football Academy**

##### **U-8 through U-18 Girls**

**Nevada Elite FC's** Annual Girls' Summer Football Academy will run from June 21-July 29, 2009 (see specific days by age below). The Academy is open to all players in Northern Nevada (**Nevada Elite FC** affiliation not required) and will focus on ACL injury-prevention and the development of individual player skills. Players will receive instruction from **Nevada Elite FC's** licensed coaching staff, led by Coach Jen Mavis. Each session will involve an ACL injury-prevention clinic/warm-up followed by instruction in technical skills and various age-appropriate games to allow players to work on those skills in a challenging and fun environment. Players will have a great time learning skills that they can practice on their own. The Academy will prepare players for competitive level soccer and high school tryouts.

**Dates: Fall 2010 U8-12 Players: Mondays/Wednesdays**

**Fall 2010 U13-17 Players: Tuesdays/Thursdays**

**Time: 5:30-7:00 p.m.**

**Location: Terrace Sports Complex, 2525 Robb Drive, Reno**

**Cost: \$50 for Nevada Elite FC players and sisters/\$75 for non-Nevada Elite players**

**All players should bring a soccer ball, water, and wear appropriate soccer gear**

**TO REGISTER, download and complete a registration form from our website at [http://www.nevadaelitefc.com/Academies/footballacademy/index\\_E.html](http://www.nevadaelitefc.com/Academies/footballacademy/index_E.html) and then send the completed registration form and check (make payable to "Nevada Elite FC") to Nevada Elite FC, 4965 Ross Dr., Reno, NV 89519. Or bring the form to the first session (space permitting). You also may sign up after the first session by bringing your registration form and check to the session.**

#### **About Nevada Elite Football Club**

**Nevada Elite Football Club** is the only soccer club in Northern Nevada dedicated solely to the development of girls' soccer. **Nevada Elite FC** gives each player the tools she needs to develop as a player and a person in a challenging and positive environment that facilitates individual and team success. The Club provides each player with the opportunity to excel and grow as both a player and a person in an age- and ability-appropriate environment that, combined with our devotion to excellence in coaching and player development, promotes each player's love of the game of soccer and desire to take her game to the limits of abilities while learning important life lessons.

Our coaches are dedicated to improving the skills female players in Northern Nevada. All coaches are licensed by the United States Soccer Federation and/or NSCAA, and have significant playing and/or coaching experience. Furthermore, all coaches participate collaboratively to maintain and perpetuate the club's philosophy and developmental curriculum for players to ensure consistency within the club.

**For answers to your questions about Nevada Elite FC and summer tryouts, the Summer Football Academy and competitive soccer in the Reno/Sparks/Carson City area, please visit our website at [www.nevadaelitefc.com](http://www.nevadaelitefc.com), or contact Rich Reid, Nevada Elite FC Director of Coaching, at (775) 742-8888 or [gotogoal.rich@yahoo.com](mailto:gotogoal.rich@yahoo.com).**